



## Fishersville United Methodist Church Child Development Center

### Discipline Policy

Fishersville United Methodist Church Child Development Center provides a living, nurturing and enriching environment for our students where there is a consistent adult guidance and discipline. Our teachers both model and teach appropriate behavior. When correction is necessary we strive to discipline in atmosphere filled with the love of Jesus Christ.

#### **Techniques:**

We use disciplinary techniques to help the children become self-directed and controlled in their behavior. These techniques include, but are not limited to:

- **Classroom Expectations:** Ensure that all children KNOW the classroom expectations and those they are developmentally appropriate.
- **Positive Reinforcement:** Verbally acknowledge good character qualities being exhibited.
- **Choices:** Create an environment rich in choices, explain the choices available and encourage good choices for both the individual and group.
- **Redirecting:** Distract the child's attention from unacceptable behavior and redirect them into a positive situation and then help them to stay involved in the positive activity.
- **Empathy:** Encourage each child to think about the well-being of each other and how their personal action can affect others in a negative way.
- **Natural and Logical Consequences:** School rules are clear, concise and indicate the consequences of disobeying the rules.
- **Problem Solving:** Help a child brainstorm by coming up with different solutions. Encourage the child to choose the best one, working through the situation to a natural and positive conclusion.
- **Verbal vs Physical:** Encourage children to use words to express anger, fear and frustration as opposed to physical actions. Hands are used to show love and kindness.

- **Alternative seating/activity:** Sometimes a child needs time to regain self-control and to contemplate their actions before rejoining the group so they are offered an alternative place to sit or an alternative activity to do.

**Sexual Harassment:**

No child or staff member will be subjected to any form of sexual harassment or intimidation by child or staff member.

**Prohibited Punishment Styles:**

The following punishment styles are strictly prohibited at Fishersville United Methodist Church Child Development Center.

- Physical Punishment or infliction of pain
- Humiliation or intimidation
- Ridicule or name calling
- Coercion
- Threat or mental abuse
- Withholding food, water or bathroom privileges

Fishersville United Methodist Church Child Development Center reserves the right to request a child be withdrawn from the school when, in the opinion of the school, the child's needs can no longer be met by this program.

Parent/ Guardian Signature: \_\_\_\_\_ Date \_\_\_\_\_